

INTELLIGENCE OF HANDS

"I just wanna share a little study that I came across. In February 1988, 'Brain Mind Bulletin' published in the abstract some work that was done at UC San Diego. They were trying to understand how somebody like a professional pianist or a professional violin player could move so fast, with the messages going up to the brain, decision made, and back down again. So they used electrodes, and they used an EEG.

What they found was that the electrical impulses that control finger movement were not going up the arm! The decisions were being made right there in the hand! You could use electrical measurement of neuron impulse conduction as a reasonable indicator. So what that says is, you have decision making ability in your hands!

Now, if that's possible for a professional accomplished pianist or a violinist, I certainly think that's what happens with many bodyworkers. I'm sure you have experienced at times when your hands did things, and maybe you even spaced out, didn't know what happened, and all of a sudden you came back to the situation and the job was done, and you didn't know how you got there. Well, we used to think that that was sub-conscious or unconscious thought processes going on, but when you look at the possibility that the electrical impulse doesn't go above the elbow before the finger moves - you don't have to go up to the brain - the decision is made below the elbow. Now I'm sure that that's what's going on and I'm sure I learned it playing the piano all those years, and it just happened that I learned that kind of faith in my hands. That's what I use in the same way on a patient."

Extract from with an interview with John Upledger.